

Show Notes

Date: 11/4/22

Name of Podcast: Read. Return. Repeat. A ReadICT Podcast.

Episode Title and Number: An Episode for Every Body (Season 2, Episode 8)

Episode Summary: In this episode, co-hosts Sara Dixon and Daniel Pewewardy dive deeper into category 4: A Book About a Culture or Topic You're Unfamiliar With. Joining them is Rebekah Taussig, author of *Sitting Pretty: The View from My Ordinary, Resilient, Disabled Body* (who is also from Kansas!) to discuss a topic that may be unfamiliar to a lot of people beyond media depictions: living with a disability. From navigating the world not built for bodies like hers, to writing, to becoming a new mother during a pandemic, Rebekah shines light on a topic that is still widely misunderstood.

Guest Bio: Rebekah Taussig, Ph.D., is a Kansas City writer and teacher with her doctorate in Creative Nonfiction and Disability Studies. She has led workshops and presentations at the University of Michigan, University of Kansas, and Davidson College on disability representation, identity, and community. She also runs the Instagram platform @sitting_pretty where she crafts "mini-memoirs" to contribute nuance to the collective narratives being told about disability in our culture. She lives with two cranky orange cats and one angsty-tender human.

(Source: Harpercollins.com)

Topic Index:

Rebekah talks about her book (1:29)

Understanding ableism (4:50)

Language and ableism (10:15)

Rebekah's experience during Covid (17:54)

Systemic issues that affect the disability community (24:41)

Experience with motherhood (32:20)

Complications of Kindness (41:40)

Instagram and writing (52:52)

Becoming a writer (57:40)

Hobbies (1:02:00)

Upcoming projects (1:05:04)

What she would like non-disabled people to know (1:06:54)

Suggested resources and disability advocacy groups (1:09:45)

Books recommended in this episode:

Jaco the Galactic Patrolman, Akira Toriyama

A Knock at Midnight, Brittany K. Barnett

Goodnight Punpun, Inio Asano

Resources & Links:

About Rebekah Taussig

[Rebekah Taussig's Website](#)

[@sitting_pretty on Instagram](#)

Media

["A Partner with Cancer, a New Baby and a Pandemic: How I Learned to Live in a Tangle of Joy and Pain"](#)
(Time.com)

[Rebekah Taussig in Conversation with Virginia Prescott](#) (Atlanta History Center)

[The Complications of Kindness](#) (TEDx)

['The Depictions of Motherhood I Saw Around Me Seemed at Odds with What I Knew of Disability'](#)
(Graziadaily.co.uk)

Books Mentioned in This Episode

What Can a Body Do? How We Meet the Built World, Sara Hendren

Year of the Tiger, An Activist's Life, Alice Wong

Disability Visibility: First-Person Stories from the Twenty-First Century, Alice Wong

Other Resources

[@disabilityreframed on Instagram](#)

[Ability KC](#)

[ADA.gov](#)

[American Association of People with Disabilities](#)

[Disability Rights Center of Kansas](#)

[Disability Rights Education & Defense Fund](#)

[Friends of the Wichita Public Library](#)

[Independent Living Resource Center](#)

[Kansas Commission on Disability Concerns](#)

[Kansas Department for Aging and Disability Services](#)

[Kansas Disability Resources](#)

[National Council on Disability](#)

[National Disability Rights Network](#)

[Respect Ability](#)

[Short Story Dispenser](#)

[USA.gov: Disability Services](#)

[What is Ableism? \(Stopableism.org\)](#)

[Wichita Public Library Programs and Events](#)

Full Transcript: http://wichitalibrary.org/BooksMore/podcast/Pages/rrr_s2e8.aspx

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